

**HEALTH EXAMINATION GUIDELINES  
FOR ENTRY INTO  
MALAYSIA HIGHER EDUCATIONAL INSTITUTIONS**

1 PLEASE READ THE INSTRUCTIONS CAREFULLY BEFORE FILLING IN THE FORM

2 PLEASE FILL IN THE FORM IN ENGLISH

3 PLEASE WRITE IN CAPITAL LETTERS

4 THIS FORM HAS 4 SECTIONS

- A) SECTION 1 (PART A & B) TO BE FILLED IN BY THE APPLICANT
- B) SECTION 2, 3 & 4 TO BE FILLED IN BY THE EXAMINING DOCTOR

5 PLEASE COMPLETE ALL THE TESTS REQUIRED IN THIS FORM

6 THE UNIVERSITY / COLLEGE ONLY ACCEPTS MEDICAL EXAMINATION DONE WITHIN 60 DAYS BEFORE REGISTRATION OR WITHIN 30 DAYS AFTER REGISTRATION

7 PLEASE ATTACH ALL THE ORIGINAL LABORATORY RESULTS

8 PLEASE BRING ALONG CHEST X-RAY FILM AND REPORT FOR REGISTRATION

9 PLEASE ENSURE THE X-RAY FILM IS LABELLED WITH YOUR NAME AND DATE TAKEN (IN ENGLISH)

10 CHEST XRAY DONE WITHIN 6 MONTHS PRIOR TO REGISTRATION CAN BE ACCEPTED

11 THE UNIVERSITY / COLLEGE RESERVES THE RIGHT TO REPEAT FULL MEDICAL CHECKUP OR ANY SPECIFIC LABORATORY TESTS SHOULD THERE BE ANY DOUBT IN THE MEDICAL REPORT SUBMITTED ALL COST INVOLVED SHALL BE BORNE BY THE CANDIDATES

12 THE UNIVERSITY/COLLEGE RESERVES THE RIGHT TO REJECT ANY APPLICATION.

- A) BASED ON THE RESULTS OF THE HEALTH EXAMINATION OR
- B) SHOULD THERE BE ANY EVIDENCE THAT THE APPLICANT HAS GIVEN FALSE INFORMATION IN THE HEALTH EXAMINATION REPORT OR ANY SUPPORTING DOCUMENTS



**SECTION 1** (To be completed by candidate)  
 (PART B) - Please tick ( √ ) in the relevant box.

Declaration of self and family illness. Explain in full if you or your family has any of the following illnesses.

\* Immediate family refers to father, mother, brothers / sisters.

MEDICAL PROBLEMS	SELF		IMMEDIATE FAMILY		If "Yes" please state.
	Yes	No	Yes	No	
1 Congenital or inherited disorder					
2 Allergy					
3 Mental illness					
4 Fits, stroke, other neurological disease					
5 Diabetes Mellitus					
6 Hypertension					
7 Heart or vascular disease					
8 Asthma					
9 Thyroid disease					
10 Kidney disease					
11 Cancer					
12 Tuberculosis					
13 Drug addiction					
14 AIDS, HIV					
15 History of surgery					
16 Other illnesses					

Current medication (Long term)

\_\_\_\_\_

\_\_\_\_\_

IMMUNIZATION HISTORY (where applicable)	DATE IMMUNIZED				
1 Yellow Fever					
2 BCG					
3 Meningitis (Quadrivalent)					
4 Hepatitis B					
5 Others:					

I hereby certify that the information given above is true. I understand that my application will be rejected if there is any false information given.

.....  
 Date

.....  
 Signature of candidate

**SECTION 2 - PHYSICAL EXAMINATION**

To be filled by examining doctor

1. BASIC MEASUREMENT	
HEIGHT : _____ m	BLOOD PRESSURE: _____ mmHg
WEIGHT : _____ kg	PULSE RATE : _____ /min
VISION TEST : Unaided: (R) _____ (L) _____ Aided : (R) _____ (L) _____	COLOUR VISION TEST: NORMAL / ABNORMAL

2. GENERAL EXAMINATION			
ITEM	YES	NO	COMMENT
a. DEFORMITIES			
b. PALLOR			
c. CYANOSIS			
d. JAUNDICE			
e. OEDEMA			
f. SKIN DISEASES			

3. SYSTEMIC EXAMINATION			
ITEM	NORMAL	ABNORMAL	COMMENT
a. EYES (including funduscopy)			
b. EARS			
c. NOSE			
d. ORAL CAVITY / THROAT			
e. NECK			
f. HEART			
g. LUNGS			
h. ABDOMEN / HERNIA ORIFICES			
i. NERVOUS SYSTEM			
j. MENTAL CONDITION			
k. MUSCUSKELETAL SYSTEM			

**SECTION 3 - INVESTIGATIONS**

<b>URINE TEST</b>		
<b>ITEM</b>	<b>DATE TAKEN</b>	<b>RESULT</b>
a. ALBUMIN		
b. SUGAR		
c. MICROSCOPIC		
d. MORPHINE		
e. CANNABIS		
f. AMPHETAMINES TYPE STIMULANT		

<b>BLOOD TEST</b>		
<b>ITEM</b>	<b>DATE TAKEN</b>	<b>RESULT</b>
a. HEPATITIS Bs ANTIGEN		
b. HEPATITIS C		
c. HIV		
d. VDRL / TPHA		
e. MALARIAL PARASITE		

<b>CHEST X-RAY INFORMATION</b>	
CHEST X-RAY NO	
DATE TAKEN	
PLACE TAKEN	
REPORT	

**SECTION 4 - CERTIFICATION BY THE EXAMINING DOCTOR**

Please tick (√) in the appropriate box

I certify that I have on this date \_\_\_\_\_ examined  
Mr / Ms \_\_\_\_\_  
and found him / her :-

Passport No \_\_\_\_\_

IN GOOD HEALTH

HAS MEDICAL PROBLEM (Please State)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IS UNDERGOING TREATMENT FOR : (Please State)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_

Signature of Doctor : \_\_\_\_\_

Name of Doctor : \_\_\_\_\_

Qualification and : \_\_\_\_\_

Official stamp of Clinic \_\_\_\_\_

Remarks By University Official :